Graphic: People with Disabilities Day 2020 logo. Includes wording that commemorates the 25 year anniversary of the event.

People with Disabilities Awareness Day 2020 is Tuesday, March 10.

The 25th Anniversary of People with Disabilities Awareness Day on March 10 is going to be different - so let’s make it great!

The first and fourth floor rotundas of the state Capitol are unavailable for our regular event due to construction. So we have to think outside the box.

You can help raise awareness and mark the day by interacting with your lawmakers and fellow supporters.

Here is how we do it:

1.

Graphic: Abstract human form with web address "at" symbol.

Register, go to www.okdrs.gov/pwdad to register for the event so that we can keep you informed of all the online activities and share ways to mark the event.

2.

Graphic Abstract human form with radiating lines rising from it.

Call your lawmakers or write a letter or email.

Make an appointment to visit with them if possible.

Don’t know who your lawmakers are or how to get ahold of them?

Go to www.okdrs.gov/pwdad for help.

Make contact on or before the day of the event.

Share your stories and tell them what you think is needed to make the lives of Oklahomans with disabilities better when you contact them.

3.

Graphic: Abstract human form with thumbs up symbol.

One month before People with Disabilities Awareness Day on Feb. 10, you can add a frame to your profile pic on Facebook. It will be available on the DRS Facebook page.

4.

Graphic: Abstract human form with hashtag symbol.

Then, share our posts, comment on our posts, create your own posts and make sure to use the hashtag #PWDAD2020.

5.

Finally, encourage family and friends to do the same.

Remember to use #PWDAD2020

This will be a great day. Let’s work together!

Need help?

Contact Cathy Martin at 405-951-3478 or at cmartin@okdrs.gov.